

Help us name our new
Newsletter! Please email us
your ideas and
suggestions.



United Way
Northumberland
Change starts here.

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Northumberland United Way

Our new tagline is made up of just three small words
with a large meaning: **Change starts here.**

Together with our agencies and partners, we strive to
make a difference every day by creating opportunities
for a better life for everyone.

Northumberland United Way
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Give. Volunteer. Act.

Issue 1. June 2011.

What does the United Way have going on?

Register your team now for the 12th Annual Cameco Challenge the Dragon Boat Races to be held on September 24th! Call (905) 372-6955 for your registration package.

“Paddles up!!”

Six youth paddlers and coach pose with Olympic sprint kayaker Adam Van Koeverden at their first ever regatta. The paddling club received a United Way Grant last year to help purchase their boats.



The Food 4 All Corner College Students' Perfect Dinner

1 cup rice
2 cups water
1 14 oz. can of diced tomatoes
Oregano, chili powder, garlic & salt and pepper to taste

Boil water, add rest of the ingredients and cook until rice is done. Low cost. Serves 2.

Day of Caring

My client was very impressed that her family received the much needed home improvement. She said how much safer their home is now with the installation of handrails and staircaps to reduce risk of injury. This would not have been possible without the Day of Caring.

~Mary-Lou Maillet,
Learning Disabilities
Association

What's going on with the United Way Agencies?

Did You Know...

United Way 2011 Campaign Chair, Stephen Della Casa, struts his stuff in a large pair of red high heels to support Northumberland Services for Women's 4th Annual Walk a Mile in her Shoes.



33 Port Hope & Cobourg locations benefited from Day of Caring projects in June

1650+ Back Packs will be distributed to students this August

280 bags of milk per month are distributed to food banks by Food 4 All

1 in 6 children live in poverty in Northumberland

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GREEN TIP:

Walk or ride your bike to work! Save on gas and get some fresh air and exercise too!!

Jail & Bail

Over 40 Jailbirds were thrown in the clink and suffered the wrath of Judge Roberge but raised a whopping \$5100 for United Way!

Robert Biron begging for mercy at the 2011 Jail & Bail event.



Fore!!

Join us on Thursday August 18th for the 18th Annual Mayors' Golf Tournament. Registration \$150 per player. Call us today at (905) 372-6955 for details.

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